



**Tom REUX**  
(France)

**Born : 24-02 1999**  
**26 years**  
**PB : 67.91m 2024**  
**Coaches :**  
**Regis QUERARD**  
**Didier POPPE**



**Etienne ROUSSEAU**  
(Australie)

**Born : 28-02 2003**  
**22 years**  
**PB : 57.18m 2025**  
**Coach :**  
**Didier POPPE**

**Comparative analysis**  
**REUX vs ROUSSEAU**  
**12 phases comparative analysis**  
**REUX – ROUSSEAU vs ALEKNA**

# Tom REUX (France) Etienne ROUSSEAU (Australie)



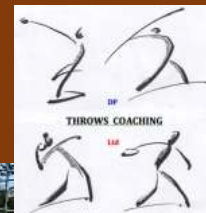
STARTING POSITION

PRELIMINARY TRUNK SWING

MAXIMAL TRUNK TORQUE



# Tom REUX (France) Etienne ROUSSEAU (Australie)



F 00



F 19



F 34



F 43



F 48



F 54



MAXIMAL TRUNK TORQUE

ENTRY

LEFT FOOT PIVOT

RIGHT LEG SWING

F 00



F 10



F 15



F 21



F 24



F 27



Tom REUX (France) Etienne ROUSSEAU (Australie)

F 54



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RIGH

F 27

F 29

F 32

F 35

F 37





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## COMPARISON WITH ALEKNA'S POSTURES



1-Maximal trunk torque



2- Entry : Build the bridge



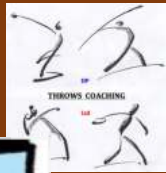
3- Entry : Right foot leaves the ground



4-Left pivot Right leg crosses median line

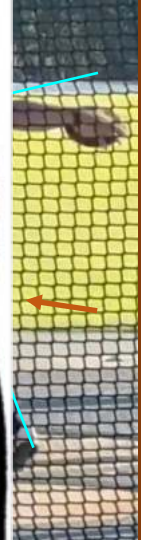
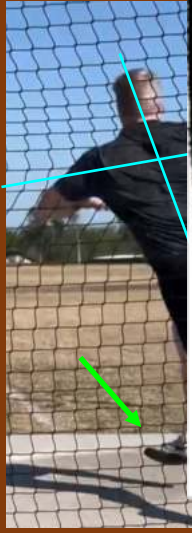


5-End of left pivot - Swing right leg



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9-Right foot pivot -Left knee opening

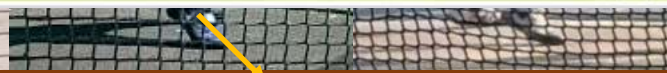
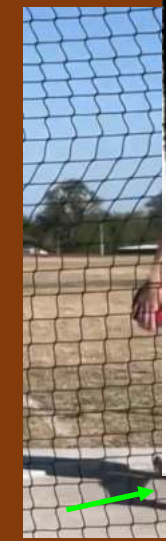
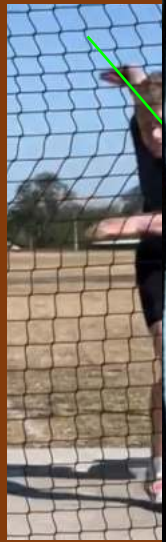


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COMPARISON WITH ALEKNA - A 12...

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1  
A  
E  
p  
4-L  
cor  
still  
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7-9  
less  
kick  
9-Righ  
: Alek  
throw  
O'clock  
backw  
already

the next phase

...with his left side – Tom is going up

...away as they can with a flat delivery – Tom is pulling toward the left

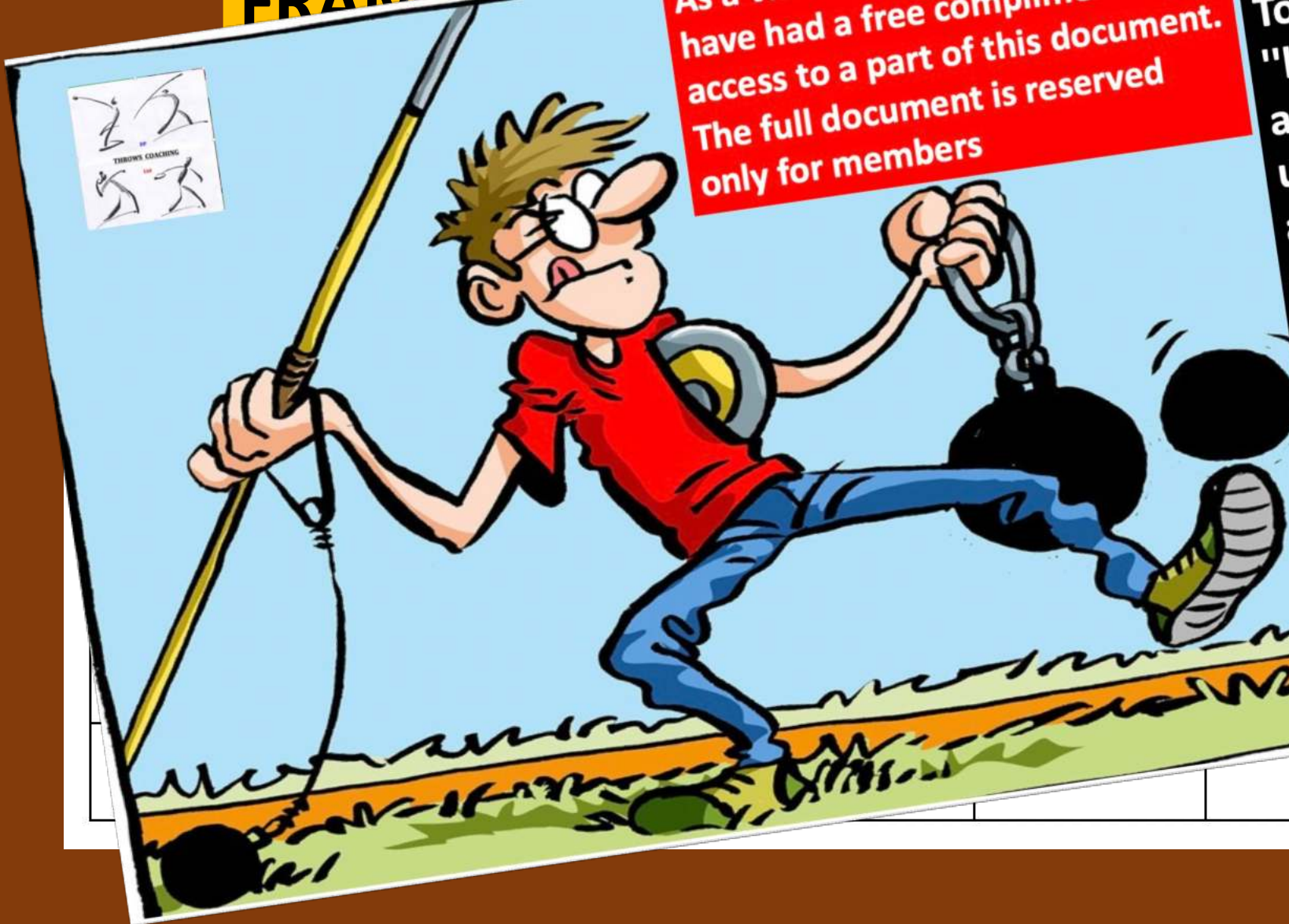
d –  
g  
is still more  
e is  
he left  
ekna has  
ore trunk  
s very high  
left leg to  
es the hand  
Etienne are  
plement as



# FRAMING

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There are significant differences which may have different explanations